

Medical History Questionnaire

The purpose of this questionnaire is to help us understand your health status. Please complete this form and your therapist will answer any questions during your session. This form is considered part of your medical record:



FABIAN
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Name: _____ Birthdate: ____/____/____

Present condition

What symptoms do you have?:

Date of injury or onset of symptoms: _____

How did this injury occur?: _____

Do you have pain?: No ___ if yes mark on this line how much pain do you have
(0= no pain, 10= extreme pain)

I _____ I
0 _____ 10

My pain could be described as (please check all that apply):

Constant ___ Intermittent ___ Sharp ___ Dull ___ Aching ___ Stabbing ___

Numbness ___ Pins & needles ___

Indicate the area of pain: _____

Do any of these activities increase your pain or symptoms?

Walking ___ Standing ___ Sitting ___ Lying down ___ Sleeping ___ Reaching ___

Bending down ___ any other activity not listed: _____

Are you currently taking any medications?: No ___ if yes please list them: _____

Do you take any supplements?: No ___ if yes please list them and how much: _____

Have you had any tests taken for this injury? No ___ If yes:

please check all and list any not marked: CT scan: ___ MRI ___ X-ray ___ Myelogram ___ Emergency Room Care ___
EMG

Do you have or ever had any of the following problem?

Asthma, Bronchitis, Emphysema No ___ Yes ___

Do you feel shortness of breath or chest pain? No ___ If Yes, do you ever feel it lying down or resting? _____

Coronary heart disease or Angina No ___ Yes ___

Do you have a pacemaker? No ___ Yes ___

High Blood Pressure No ___ Yes ___

Heart Attack/ Heart Surgery No ___ If Yes, when and what type of surgery? _____

Blood clot/ Emboli No ___ Yes ___

Stroke/TIA No ___ If Yes, when? _____

Allergies No ___ Yes ___

Pins and metal implants No ___ If Yes, where? _____

Joint replacement No ___ If Yes, what part of the body and when? _____

Diabetes No ___ If Yes, do you take medication or insulin shots? _____

Infectious diseases (HIV, Hepatitis A,B,C,Tuberculosis) No ___ If Yes, what type? _____

Cancer No ___ If Yes, what type, did you have chemotherapy, radiation or surgery, when? _____

Arthritis, swollen joints No ___ If Yes, what type, what joints? _____

Osteoporosis No ___ Yes ___

Sleeping problems No ___ If Yes, how many hours do you sleep? _____

Do you wake up during the night?	No___	If Yes, why?_____
Do you smoke?	No___	If Yes, how many cigarettes a day and how long have you been smoking?_____
Latex sensitivity/allergy	No___	Yes___
Severe or frequent headaches	No___	If Yes, which part of your head hurts?_____
Vision or hearing difficulty	No___	Yes___
Numbness or tingling	No___	If Yes, what part of the body?_____
Dizziness/Fainting	No___	Yes___
Weakness	No___	Yes___
Weight loss/ Energy loss	No___	Yes___
Hernia	No___	If Yes, what part of the body and did you have surgery, when?_____
Epilepsy/ Seizures	No___	If Yes, when was the last one?_____
Thyroid/Goiter	No___	Yes___
Incontinence	No___	If Yes, do you have a problem with your bowels or bladder?_____
Multiple Sclerosis	No___	Yes___
Parkinson's	No___	Yes___
Vertigo (room spinning)	No___	Yes___
Do you have problems with your balance?	No___	Yes___
Do you have difficulty walking?	No___	If Yes, how far can you walk?_____
Do you fall often?	No___	If Yes, how often?_____
Do you feel uninterested in things or depressed?	No___	Yes___

What kind of exercise do you do and how many minutes and how often?_____

List all the diseases your blood relatives had:_____

How did your parent pass away?_____

List all surgeries, accidents, diseases you ever had ?_____

List all the problems, diagnoses a doctor ever told you that you have_____

Do you feel under a lot of stress ?	No___	If Yes, what kind of stress do you have in your life?_____
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Do you think that any significant event happened that might be effecting your health ?

No___ If Yes, what is it ?_____

Do you live alone?	No___	Yes___
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Do you have relatives on the island ?	No___	Yes___
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What are your goals and expectations from your physical therapy treatments? What would you like to achieve?

For women only:

Do you have or ever had any of the following?

Pelvic inflammatory disease	No___	Yes___
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Irregular menstrual cycle	No___	Yes___
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Complicated pregnancies	No___	Yes___
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Endometriosis	No___	Yes___
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Are you pregnant?	No___	Yes___
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Patient/Guardian Signature:_____ Date:___/___/___

Therapist's initials:_____ Date:___/___/___